

ANANYA

Unleashing Women's Leadership Potential

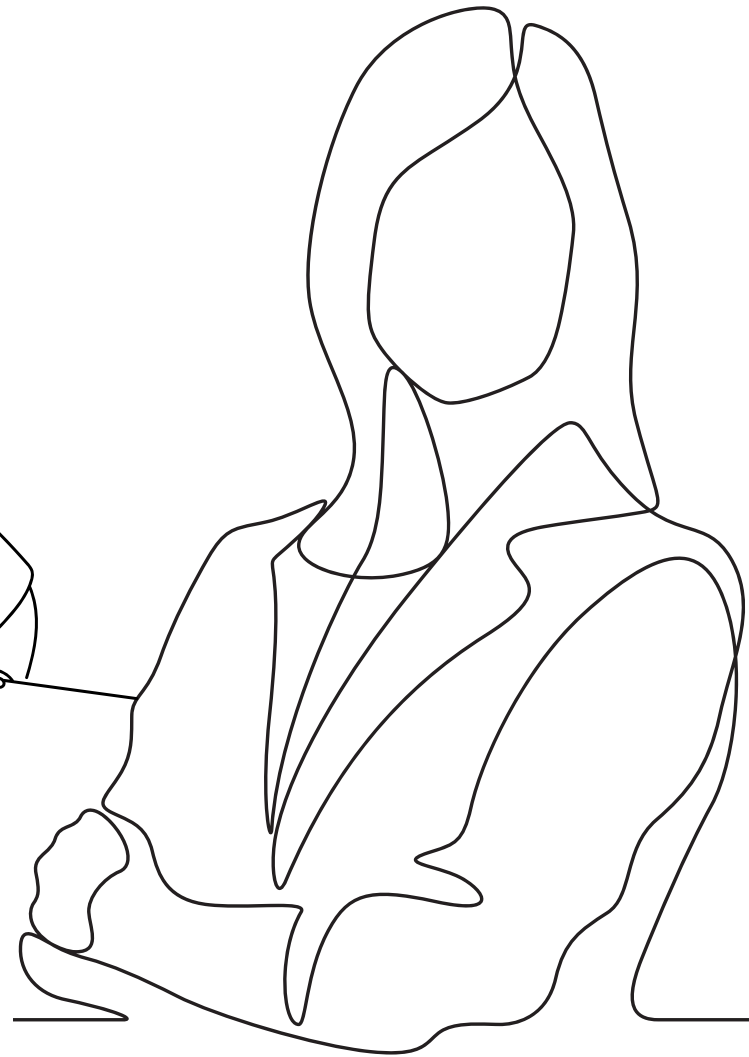
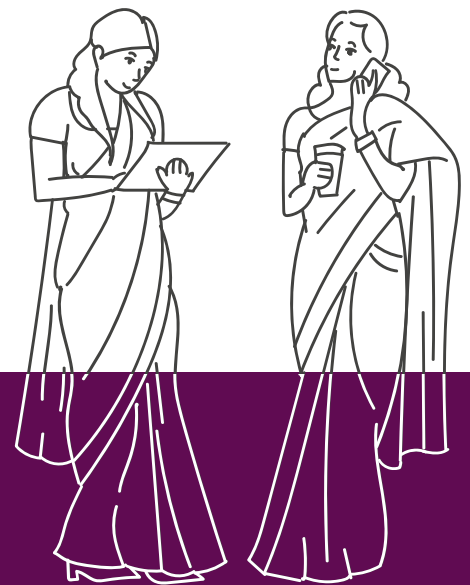


Table of Contents

01	About Ananya-Women@Work
02	Program Details
03	Program Details & program journey
04	Responsibilities of the Client



About Ananya-Women@Work

Ananya-Women@Work (a division of MyKwest Solutions - an organizational development and leadership strategy firm) is a Diversity & Inclusion (D&I) services consulting firm. We partner with organizations with our custom programs and effectively implement the unique solutions to support organizations be safe, happy and respectful workplaces for all.

We perform in-depth needs analysis and design effective strategies and appropriate interventional programs that achieve measurable outcomes and sustainable transformation in the workplace ecosystem. Our flagship program Ananya-Women@Work to unleash the Leadership Potential in Women, has been well recognised in the industry.

Program details

A

Awareness of self

- Identifying values,
- celebrating strengths and
- reframing the limiting beliefs

N

Non-negotiables

- defining and communicating boundaries and
- Understanding work-life integration
- Dropping the perfectionist systrome

A

Ask and you shall receive

- Using a positive mindset and collaborative strategies to negotiate at the workplace
- becoming comfortable in seeking support at the workplace

N

Navigating your way to success

- Appreciating the role of mentors and sponsors to ascend on the career ladder & becoming intentional in seeking them
- Building and maintaining three types of networks

Y

You and office politics

- Discerning between politics and manipulation, and
- exploring ways to make their presence felt. (Executive Presence)

A

Aspire and Act now

Taking ownership of their own growth and creating an action plan.

Program Structure

Name of the program **ANANYA**
Unleashing Women's Leadership Potential

Methodology The interactive workshop will be conducted using, facilitator inputs, worksheets, role plays, case studies, small-group & large group activities. There will also be assignment between the session.

Participants Recommended group size is 12-20 participants

Participant Profile This program is suitable for women in their mid-management position with minimum of 8 years of experience

The infrastructure requirements
White board and markers
Projection system with audio
Flip charts
Comfortable seating in cluster-style arrangement
Large room for conducting activities.



Program Journey *

Month	Duration	Online / in-person
Month 0	60-minute connect session	online
Month 1	2-day session [8 hours each day]	Inperson
Month 2	1-day session 8 hours	Inperson
Month 3,4 & 5	60-minute connect	Online

***Note: This 'Program Journey' is subject to change on further discussions**

Responsibilities of the Organisation

- 1.The recommended group size is to be maintained for effective learning during the workshop.
- 2.All logistics and infrastructure arrangements including the facilities, the projector, the sound system and any other requirements for the effective delivery of training may be taken care of by the client
- 3.For any training in locations outside of Hyderabad or Secunderabad, the resource person(s) air travel, stay, boarding, meals, local conveyance and all other ancillary facilities to be borne by the client.

Connect With Us

Drop in an email or call for a 30-minute meeting

Phone Number

Bhavana Arora: +91 93431 23455

Email Address

connect@ananyawomenatwork.com
bhavana@ananyawomenatwork.com

Website

www.ananyawomenatwork.com